

May 24, 2019

Warm hellos dear brethren, and spiritual family here on the Gulf Coast, and scattered children of God.

My wife and I pray and hope this finds you all doing well, and that again your week has been blessed.

### **Ouch! Slow down!**

Yesterday my wife and I traveled to visit with brethren in Orange Beach, AL. With the Memorial Day Weekend, there was more than the normal flow of traffic for a Thursday.

During our trip, I noticed one particular vehicle in my rearview mirror as it came speeding up behind me, then swerved around me passing other cars and then sped on its way, obviously well over the posted speed limit.

My mind quickly shifted back to a memory, from mid-May in 2014. It seems like yesterday.

About the same time of the afternoon, I had a car accident. I had just finished passing another motorist on the interstate, and what?! A short distance in front of me was a young person on a Moped moving along slowly. I swerved to avoid killing the young person, and long story short, hit a guard rail, twice! I was banged up, bruised, and mostly mentally unsettled. My car spent over a month being repaired in the auto body shop.

What struck me profoundly was this...had I been moving slower, I might have not had the accident...but then again, I might have anyway.

Go! Go! Go! Activities, appointments, projects, things needing done. Demands, deadlines, Bible Studies to prepare, sermon messages, seminars, meetings, people...does any of this ring true to you also?

Please take a moment, and stop, cease, pause with me would you?

My accident brought our plans that Friday evening to a stunning halt, and changed...mostly because I was too stiff and sore to do anything. Let's let our internal motors idle for a moment...and muse, ponder, think.

Think about the pace of life we live, our busyness.

Does God do things this way? Does He live like this?

I remember a popular musical and song years ago written if I remember correctly, the year I was born. It went something like this. "Stop the World, I Want to Get Off".

How did we get so caught up in this “rat race”?

Look back over your shoulder; say for the last year or so. Any major accomplishments? Have you overcome any sins, or problems that plague you? How about feelings of being fulfilled? How many? Let’s be straight with ourselves...

Being too busy ruins relationships, substituting shallowness for real, deep relationships. Busyness fills our “to do” list and our calendar but fractures deep family relationships. Some seem to love telling everyone how busy they are. How are your relationships with others in your “church” and family?

One of my favorite scriptures is Psalm 46:10 “Be Still and Know that I am God...”.

Over the years, most Sabbaths I prepare a sermon, trying to instruct and teach those I pastor and serve. But I often wonder, do you and I stand still long enough to think about, retain, and meditate on what was taught and spoken? I’ve known for decades, that most who listen to a sermon message, forget most of it within an hour after it was given. Why is that? In today’s age, we’re so busy...we simply cannot keep up with everything mentally or physically.

Remember, it’s not enough just to be busy. The honest question is, what are we busy about? Do we take the time needed to think about, and then put into practice God’s instruction?

My accident on that Friday, forced me to stop...in more ways than one. I ask you to consider the same.

As we enter the Sabbath...ask God to truly live His life in you, His faith, and his energy ...and let’s truly be thankful that His life in us, keeps us going...forward towards an awe inspiring future! Let’s also examine our lives, and if need be.....slow down.

...as I close this letter, as I do every Friday evening...as we enter His Sabbath...reflect on this with me, will you?

And again, may God continue to richly bless you. Our prayers and thoughts are with you daily! Please do pray for us as well.

-*Scott (and Gayle) Hoefker* (Pastor and wife, The Living God Ministries Gulf Coast)

The schedule for this week’s **Sabbath** is:

**May 24<sup>th</sup> / Friday: Gifts for the Lord/ Praises/Gifts and Prayers to welcome God’s Sabbath**  
7:00 pm (via Teleconference live connect with Stephen Glover in Montgomery)

**\*May 25<sup>th</sup> / Saturday: Spirit and Truth Worship** 10:15 am, with local services held in Montgomery. Guest Wynn Skelton will be giving the message. No local services will be held in Spanish Fort as my wife and I will be traveling to Montgomery. (All are also welcome and encouraged to connect live to Worship Services via our normal phone conference). **Family Style potluck Noon Meal** at 12:30 pm following the Worship Services.

**May 25<sup>th</sup> / Saturday: Sabbath Fellowship** (Interactive Bible Discussion) **4:00 pm** from Montgomery (connect live with all others via telephone conference).

Upcoming dates for TLGM Gulf Coast:

**May 31<sup>st</sup> / Friday: Gifts for the Lord/ Praises/Gifts and Prayers to welcome God's Sabbath** 7:00 pm (via Teleconference live connect with Stephen Glover in Montgomery)

**\*June 1<sup>st</sup> / Saturday: Spirit and Truth Worship** 10:15 am, with local services held in Spanish Fort and Montgomery. (All are welcome and encouraged to connect live to Worship Services via our normal phone conference from **Montgomery**). **Family Style potluck Noon Meal** at 12:30 pm at the Hoefker's following the Worship Services.

**\*June 1<sup>st</sup> / Saturday: Sabbath Fellowship** (interactive Bible Discussion) 4:00 pm *from* Spanish Fort (connect live to all others via telephone conference).

\* Please rsvp with my wife, Gayle if you plan on attending here in Spanish Fort on **June 1st**, to facilitate planning.

Telephone Ministry: Call 1-712-770-4700; then, when asked, enter Code 112165 # to join.  
(Note: All callers are muted and must press \*6 to comment and \*6 to resume mute.)

Our Daily Bread Recordings

Sunday through Saturday / Our Daily Bread [listen anytime 24/7 to a recorded 15 minute message] Call 1-712-770-4709 (note this call in number is different and ends in "9"), then when asked, enter code 112165# [reference code numbers are on "Spiritual Fellowship Opportunities" on this website <http://www.tlministriesgc.org> or at "Resources/Archives" on <http://www.haggai114.net>]

Daily Fellowship Opportunities

Sunday – Friday / **Morning Sacrifice** (Prayers & Scripture Reading) at 6:00 a.m.  
Sundays / **History & Background of the Gospels** (Interactive) at 6:30 p.m. [Scott & Friends]  
Mondays / Africa Discipleship at 7:00 a.m. [Glovers & Moses]  
**Almond Branch Fellowship** at 6:30 p.m. (Interactive) (Stephen & Friends)  
Tuesdays / **Haggai Fellowship** (Interactive) at 6:30 p.m. (Interactive) [Stephen & Friends]  
Wednesdays / Africa Discipleship at 7:00 a.m. [Glovers & Moses]

1st & 3rd Wednesday / **Sons of God Fellowship** (Young men training) at 6:30 p.m. [Stephen & Friends]

2nd & 4th Wednesday / **Lydian's Fellowship** (Ladies) at 6:30 p.m. [Esther/Gayle & Friends]

Thursdays / **Mt. Carmel Fellowship** (Interactive) at 6:30 p.m. [Hoefkers & Friends]

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