

July 26, 2019

Warm hellos to you dear brethren, and spiritual family here on the Coast of the Gulf of Mexico, and scattered children of God.

My wife and I pray and hope this finds you all doing well, and that again your week has been blessed!

### **We Must Relearn to Be Alone**

This last week, my wife and I spent a few days in the mountains of Georgia, for a couple of reasons. One was visiting brethren, which is always forefront in my mind in serving God's family.

Secondly, was for a bit of "R and R". For some, that means some down time with "rest and relaxation". For others, it means "rigor, rush and/or routine".

Something once struck me as I returned to the U.S. after a lengthy pastoral visit to Central America. Especially with the scurrying of folks as they scrambled through the stores to buy things at that time of year. It reminded me of this.

In today's crowded civilization, and this busy-busy, hurry-hurry active society, with social media eating up much of our time, and the never ending media out pouring of information to distract us from what is really important, man is finding it increasingly difficult to indulge in one of the most priceless luxuries which life can give: *occasional total solitude*.

Being alone does not mean being lonely. It means cutting off the external, the superficial, and superfluous. It means seeking instead inner strength which one finds in solitude and best in solitude with his Creator.

It enriches the spirit and ennobles the man, and one who denies himself its refuge is simply not living life to its fullest.

Many men and women have found their greatest inspiration in solitude. It can bring inner peace and rewards to us all.

You don't have to be a rebel, or eccentric, or weird in order to spend some time alone.

A walk alone as the sun sets, sitting on a garden bench, or lawn chair which I cherish here in my own back yard on the coast of Alabama, a short slow drive on one of the back roads here where we live...no life must be too busy for moments like these.

David, when herding sheep, often spent time, musing, pondering, meditating, as he found solitude a time to refresh and re connect with His Creator.

The day to day problems which seem so difficult to master in the turmoil of the office or workplace resolve themselves when one is alone.

All things pull back into perspective, often a better one. One can stop and analyze one's worries...and dismiss them. The armor which all of us assume in our social contacts falls away. We are at peace with our God and ourselves once again.

Don't be afraid of being alone now and then. If you are...be careful, something is wrong. Make it a point to stop, and take time to make your acquaintance, and reconnect with your Creator.

You'll get a surprise, because you will meet a very nice and interesting person, a child of God that has potential beyond your wildest imaginations.

So friends, as the world scurries around us...stop, ponder, meditate, muse, and take some time alone, you will be glad you did.

God's Sabbath affords us extra time to do this...what a blessing that truly is.

...as I close this letter, as I do every Friday evening...as we enter His Sabbath...reflect on this with me, will you?

And again, may God continue to richly bless you. Our prayers and thoughts are with you daily! Please do pray for us as well.

*-Scott and Gayle Hoefker (Pastor and wife, The Living God Ministries Gulf Coast)*

The schedule for this week's **Sabbath** is:

**July 26<sup>th</sup> / Friday: Gifts for the Lord/ Praises/Gifts and Prayers to welcome God's Sabbath 7:00 pm** (via Teleconference live connect with Stephen Glover and Friends.)

**July 26<sup>th</sup> / Saturday: Spirit and Truth Worship Services 10:15 am**, with local services held in Montgomery. Stephen Glover will deliver the message. All others are welcomed and encouraged to connect live to Worship Services via our normal phone conference. (No services

will be held in Spanish Fort this Sabbath as the Hoefkers will be visiting the *Church of God Sabbath Day Mobile*, all are welcome to combine from this area, for directions call the Hoefkers).

**July 26<sup>th</sup> / Saturday: Sabbath Fellowship Study** (Interactive Bible Discussion) **4:00 pm** from Spanish Fort with Scott Hoefker (connecting live with all others via telephone conference).

Next Sabbath's Schedule for TLGM Gulf Coast:

**August 2<sup>nd</sup> / Friday: Gifts for the Lord/ Praises/Gifts and Prayers to welcome God's Sabbath** 7:00 pm (via Teleconference live connect) with Stephen Glover and friends.

**August 3<sup>rd</sup> / Saturday: Spirit and Truth Worship Services** 10:15 am, with local services held in Montgomery and Spanish Fort with the message by Whit Moorer from Montgomery. (All are welcome and encouraged to connect live to Worship Services via our normal phone conference). There will be a potluck meal in Spanish Fort shortly after the morning Worship Service. All are welcomed to stay and enjoy.

**August 3<sup>rd</sup> / Saturday: Sabbath Fellowship** (interactive Bible Discussion) 4:00 pm *from* Spanish Fort with Scott Hoefker (connect live to all others via telephone conference).

Telephone Ministry (English): Call **1-712-770-4700**; then, when asked, enter Code **112165 #** to join.

(Note: All callers are muted and must press \*6 to comment and \*6 to resume mute.)

All times are listed in Central Standard Time zone.

Our Daily Bread Recordings

Sunday through Saturday / Our Daily Bread [listen anytime 24/7 to a recorded 15 minute message] Call 1-712-770-4709 (note this call in number is different and ends in "9"), then when asked, enter code 112165# [reference code numbers are on "Spiritual Fellowship Opportunities" on this website <http://www.tlministriesgc.org> or at "Resources/Archives" on <http://www.haggai114.net>]

Daily Fellowship Opportunities

Sunday – Friday / **Morning Sacrifice** (Prayers & Scripture Reading) at 6:00 a.m.

Sundays / **History & Background of the Gospels** (Interactive) at 6:30 p.m. [Scott & Friends]

Mondays / Africa Discipleship at 7:00 a.m. [Glovers & Moses]

**Almond Branch Fellowship** at 6:30 p.m. (Interactive) (Stephen & Friends)

Tuesdays / **Haggai Fellowship** (Interactive) at 6:30 p.m. (Interactive) [Stephen & Friends]

Wednesdays / Africa Discipleship at 7:00 a.m. [Glovers & Moses]

1st & 3rd Wednesday / **Sons of God Fellowship** (Young men training) at 6:30 p.m. [Stephen & Friends]

2nd & 4th Wednesday / **Lydian's Fellowship** (Ladies) at 6:30 p.m. [Esther/Gayle & Friends]

Thursdays / **Mt. Carmel Fellowship** (Interactive) at 6:30 p.m. [Hoefkers & Friends]

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